

Parenting with Logic

PARENT LECTURES



Interactive, entertaining 1-to-1½ hour lectures with practical parenting tips and tricks. Parents will be engaged and uplifted knowing they can make a difference in their relationships with their children as soon as they walk out of the seminar.

Cost: \$300 per event

How to Get Your Kids to Listen

For Elementary School Parents

Target: K - 5th Grade

Communicating with Teens

How, What & When?

For Middle & High School Parents

Target: 6th - 12th Grade

SIMILAR LECTURES FOR TWO DIFFERENT AGE GROUPS.

Mary will incorporate age-appropriate examples depending on the audience.

- Learn how we currently talk to our kids/teens - are we a helicopter, drill sergeant or a consultant? How do our behaviors affect our ability to communicate with them?
- What do we actually communicate when we are interacting with our kids/teens - competence or incompetence? Are we being helpful or interfering?
- When are the best times to communicate with our kids/teens? When can we up the odds that our efforts will really be heard and understood? When can we arrange for their brains to be ready to listen to us?

For Elementary & Middle School Parents

Screen Time Battles:

How to Avoid Them

Target: 3rd - 8th Grade

- Learn the pluses & minuses of electronics - Smartphones, Gaming, Texting, Apps, YouTube
- Ideas on setting up responsible electronics in your home
- Should you track your kids use? See EyeDactic in use.
- Setting up limits and contracts for electronics
- What happens when things get out of control?
- Sexting and porn - what you should know as a parent

Schools & Organizations That Participate in Mary's Lecture Series:

- Saratoga High School
- Prospect High School
- Leland High School
- Lynbrook High School
- Redwood Middle School
- Los Gatos Parenting Continuum (COVERING ALL LG SCHOOLS):
Los Gatos High, Fisher Middle, Daves Ave. Elementary,
Van Meter Elementary and Blossom Hill Elementary
- Miller Middle School
- Central Park Elementary
- Country Lane Elementary
- Marshall Lane Elementary
- Foothill Elementary
- Stanford Staff Health Center

What Parents & Educators Say About Mary's Classes & Lectures

"Our elementary school PTA invited Mary to talk at one of our parent education nights. It was very intimate, interactive and entertaining. She tapped into the issues every parent could relate on the daily basis. The guidelines were simple and practical. Everyone left with some tips & tricks they could start using on their kids immediately!"

~ Parent at Redwood Middle School

"Mary's presentation was funny and very informative. We learnt a lot and started working on the tips she gave right away. Some parents were in tears and yet laughing. She is simply awesome"

~ S. Swaminathan,
President, Leland Parent Club

"The most important thing Love and Logic did was help to dissolve the anger I was feeling towards my four-year old. His behavior was sending me through the roof and it gave me tools to remain calm and not escalate the situation. His behavior has, not surprisingly, improved, and I feel much better about myself as a parent.

Just saying "Oh, sweetie" to my two-year old triggers an immediate improvement in his behavior and the "Uh-Oh Song" has enabled me to stay calm with him as well. Thank you for making my home a more peaceful place!"

~ Karen F.,
Parent of Preschool & Elementary children

"I found this class to be very worthwhile, educational and fun! It's never too late!! I now communicate much better with my teens. The class helped pave the way for a less stressful, more strategic and proven approach to parenting teens and young adults."

~ D. Albert, Mother of Teen Boys & a College-Age Daughter

Mary Eschen ACC



**Parenting and Life Coach
Independent Facilitator of Parenting
the Love & Logic Way™**

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